Organizer:

香港業餘游泳總會
Hong Kong Amateur Swimming Association

Title Sponsor:

新世界發展有限公司
New World Development Company Limited

New World Harbour Race 2018

Swimmer's Guide

NEW WORLD HARBOUR RACE

新世界維港泳

Please read this guide carefully before the Race

Supported by:

大型體育活動事務委員會
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Introduction

First held in 1906, the Cross Harbour Race at the Victoria Harbour was suspended in 1979. It has served as one of the most iconic and celebrated sporting events in Hong Kong, attracting thousands of participants and spectators. The event also attracted significant media attention locally and internationally with vibrant photos of athletes diving into Victoria Harbour against the picturesque backdrops of Hong Kong's mountain and skyscraper views.

Since the suspension in 1979, the Hong Kong Amateur Swimming Association (HKASA) did not give up and has actively liaised with various Government Departments during the past 7 years. Finally, the Cross Harbour Race was re-introduced in 2011 acknowledged to the support of all Hong Kong citizens, the government, sponsors and other supporting organizations. The races had been successfully held under the excited spectators' cheers.

Being granted the M Mark status by the Major Sports Events Committee, recognized again as a Brand Hong Kong Event, "New World Harbour Race 2018" stretches 1 km with the starting point at Tsim Sha Tsui Public Pier and finishing point at Wan Chai Golden Bauhinia Square Public Pier.

As a marathon swimming race, the Cross Harbour Race not only aims to boost Hong Kong's economy, but also let Hong Kong citizens and tourists to experience this mega event mixed international and traditional elements, as well as promote local swimming activities and further enhance Hong Kong's image as Asia's sports events capital.

Wish all best of luck this year.

Hong Kong Amateur Swimming Association

1. Race Information

Date: 21 October 2018 (Sunday)
Venue: 8:00 a.m.
Venue: Tsim Sha Tsui Public Pier to
Wan Chai Golden Bauhinia Square Public Pier
No. of Swimmers: 3600
Reporting Time: **6:15 a.m. – 7:00 a.m.**
Late comers will not be entertained.

Category & Starting Time:

	Racing Group*									
	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women
Event No.	1	2	3	4	5	6	7	8	9	10
Distance	approximately 1 km									
Group	International		Youth		Open# (A)		Open# (B)		Open# (C)	
Age	14 or above		12-16		17-34		35-49		50 or above	
Tentative Start Time	08:00 a.m.		08:00 a.m.		08:10 a.m.		08:10 a.m.		08:20 a.m.	
Colour of Baggage Tags & Swim Caps	**Yellow**	**Brown**	**Blue Violet**	**Pink**	**Black**	**Silver**	**Purple**	**Green**	**Orange**	**Light Purple**

	Racing Group*				**Leisure Group**	
	Men	Women	Men	Women	Men	Women
Event No.	11	12	13	14	15	16
Distance	approximately 1 km					
Group	Invitation		School		**Leisure Group**	
Age	-		12 or above		12 or above	
Tentative Start Time	08:20 a.m.		08:20 a.m.		08:30 a.m.	
Colour of Baggage Tags & Swim Caps	**White**	**Light Yellow**	**Gold**	**Light Green**	**Red**	**Blue**	**Navy**	**Light Orange**

#Applicants are not allowed to apply for groups in which they do not meet the age requirement. Age calculated as at 31 December 2018 in ALL EVENTS.

*** Elite Swimmers are recommended to apply under the Open Category.**

2. Swimmers should pay attention to the following before the race:

1. Swimmers should decide their participation according to their physical capability, and should consult medical advice from doctors if they are in doubt of their health condition prior to the Race.
2. Open water swimming practice prior to the race is highly recommended.
3. No special transportation will be arranged on the Race Day. Due to the limited number of parking spaces at the race venue, swimmers are advised to go to the venue by public transport. (Please refer to the appendix for more details.)
4. Only official boats can enter the Race area. Unauthorized boats will be driven away.
5. Except for swimmers, officials and guests, visitors shall not enter the Starting Area.
6. Do not swim if you feel ill or have wound(s).
7. **Warm up before swimming.** Swimmers are **not** allowed to warm up in the water on the Race Day.
8. Do not swim with an empty stomach or after a heavy meal.
9. **No** changing facilities will be available at the venue. Please put on swimsuits before arriving at the Starting Area.
10. Please wear swimming goggles during the Race.
11. Swimmers who require baggage deposit service MUST use the official storage bags provided by HKASA and write down the race numbers clearly on the bags BEFOREHAND. Swimmers are advised to bring along light luggage which must fit in the official storage bag. Baggage Claim with any extra luggage will be handled at the lowest priority.
12. Inclement Weather Arrangement:
    The Race will be cancelled for any of the following conditions, refund arrangements will be announced in due course:
    - Typhoon Signal No. 1 or above, hoisted before 6:00 a.m. on the Race Day;
    - Red rainstorm signal or black rainstorm signal;
    - Occurrence of red tide at the venue;
    - In case of any condition unsuitable for staging the competition
13. Spectators can watch the Race in Tsim Sha Tsui Public Pier Observation Deck in start area, and in the public area of Wan Chai Golden Bauhinia Square in finish area.

14. For safety reasons and to avoid overcrowding, the entry to Landing Pier will be restricted for spectators. Spectators can watch the Race in the public area of Wan Chai Golden Bauhinia Square on the Race Day. It is recommended for swimmers to meet up with their parents and friends at the Golden Bauhinia Statue.
15. Follow instructions from the race officials for a smooth operation.
16. Shower area is located at the Finishing Area for quick rinsing. Usage of shampoo or toiletries is prohibited.
17. Swimmers must wear apparels or put on labels provided by HKASA when attending media events or interviews
18. Winners and runner-ups must **ONLY** wear apparels provided by HKASA during the Award Ceremony

3. Weather

Weather in September and October 2017

		September	October
Temperature	Mean	27.9 °C	26.8 °C
	Mean Daily Maximum	30.4 °C	29.1 °C
	Mean Daily Minimum	26.1 °C	25.0 °C
Average Relative Humidity		79 %	80 %
Total Rainfall		323.1 mm	624.4 mm

Predicted Tides on 21st October 2018

Time	Height of Tide
00:00 a.m.	1.53 m
7:00 a.m.	2.04 m
9:00 a.m.	1.81 m
11:00 a.m.	1.35 m
6:00 p.m.	1.69 m

*For more details, please visit the website of Hong Kong Observatory:
http://www.hko.gov.hk

4. Race Required Items and Instructions

A. Electronic Transponder:

I.) Racing Group:

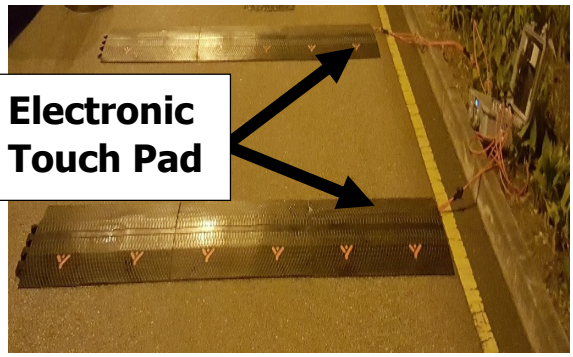
Every Racing Group swimmer will be given 3 electronic transponders (2 for wrist, 1 for ankle) which should be secured on both wrists and ankle during the race for result recording. Wrist Electronic Transponders should be returned at the Wrist Electronic Transponder Return Center after the race. Participants will be charged for HKD$500 each of the device in case of losing or do not return the transponders. If participants did not pay the charge, HKASA reserves the right to forbid the swimmer to participate in the future Harbour Race. Ankle Electronic Transponder need not return.

Electronic touch pads situated at Finish Line

Electronic Transponder Chips (Wrist)
(Must return)

II) Leisure Group

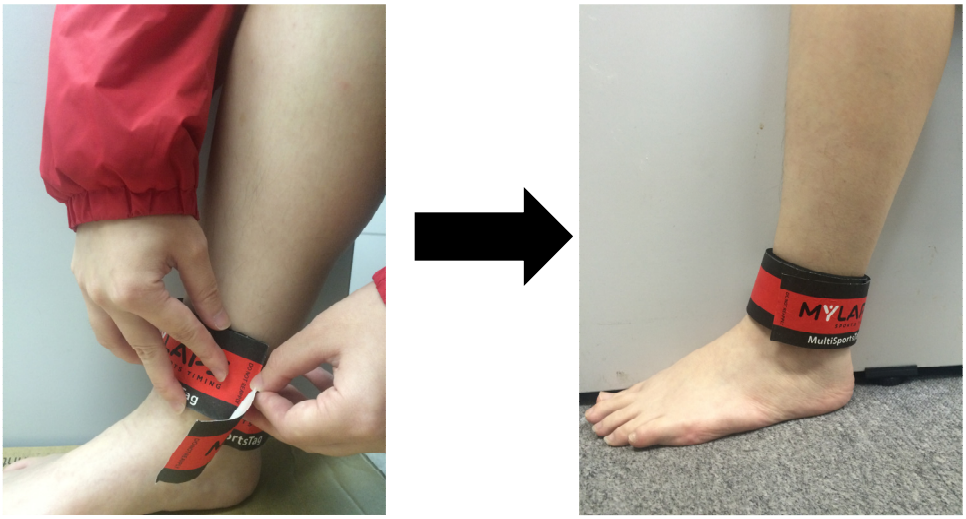
Every swimmer will be given 1 electronic transponder (ankle), which should be secured on ankle during the race for head counting. (Need not return)



i.) Please flip over the **electronic transponder**

ii.) Tear of the sticker at the end

iii.) Tie the electronic transponder tight above the ankle
(Sticker part can only be used once, please use on the race day)



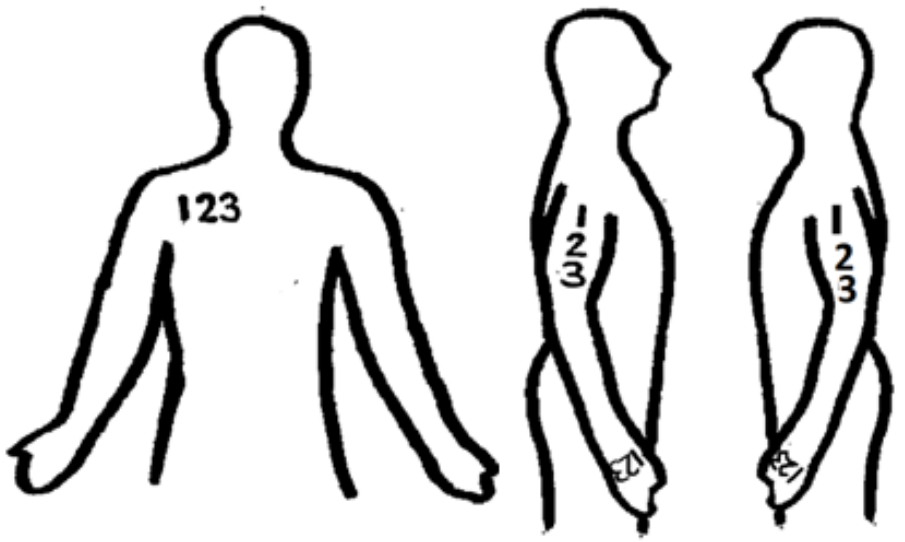
B. Race Card（Sample）

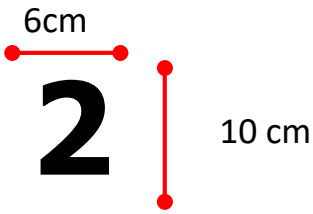
C. Swim Caps

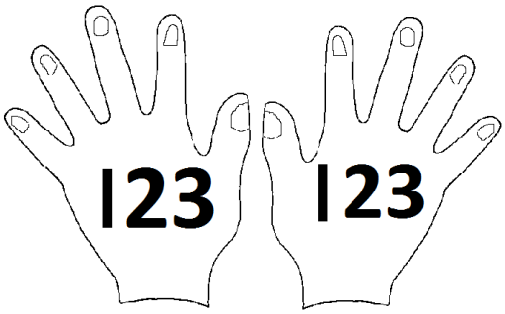
Printed with race number, the official swim caps and the baggage tag should possess the same color. No drawing is allowed on areas bearing the race number.

D. Race Number

Swimmers must mark their race numbers **on the left hand side of their back, both arms and back of their hands** as in the illustration below. Size of each number on arms and back should be 10cm x 6 cm.







Standard Forms of Numbers:

1 2 3 4 5 6 7 8 9

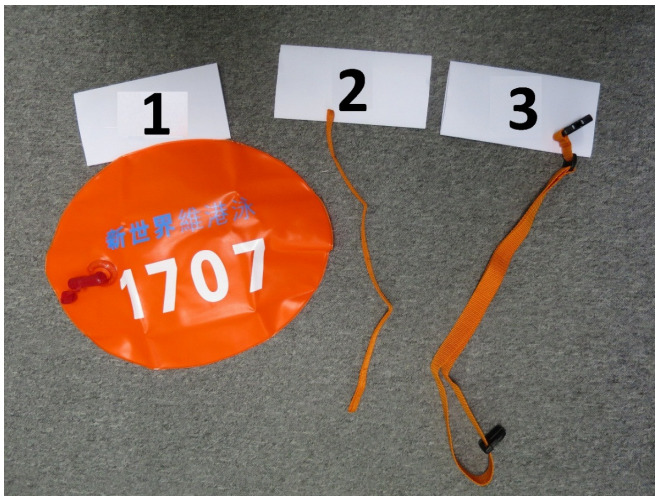
* Please be careful with the written form of **1 and 9.**
* Please do not apply sunscreen to areas bearing the race number.
* Swimmers MUST write down their race numbers with the marker pens provided by HKASA.

Officials will check if swimmers have brought along all required items on the Race day. Swimmers without Race Card, Wrist Electronic Transponders (Racing Group Only), ankle Electronic Transponders, Tow Float (leisure group only) and the official Swim Caps will not be allowed to race.

E. Instructions for using Safety Tow Float

The Safety Tow Float comes with 2 other accessories. Please don't leave the tow float at the venue after the race. There are three parts altogether:

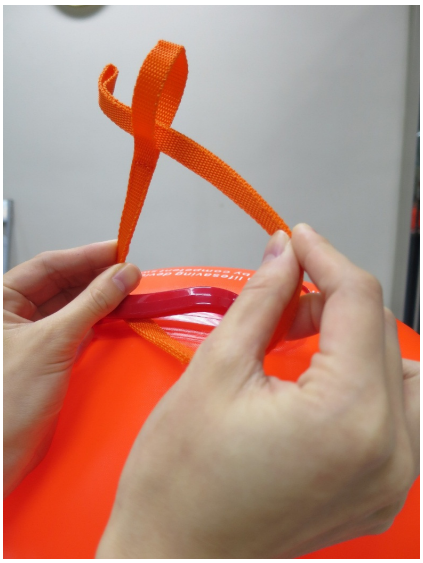
1. Safety Tow Float
2. String
3. Waist Belt



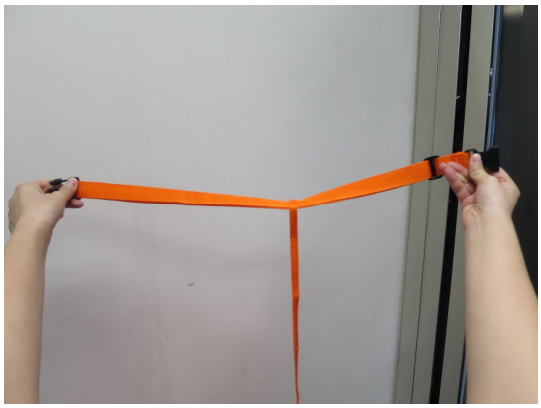
i.) Inflate the Safety Tow Float by blowing into the mouthpiece.

ii.) Put one end of the string through the red handle at the back of the Safety Tow Float.

iii.) With one end of the string through the other loop and tighten on the red handle of the Safety Tow Float.



iv.) Thread one end of the waist belt through the remaining loop of the string.



v.) Finally, buckle the Safety Tow Float around your waist and adjust the waist belt to suit your comfort.

5. Race Route Map

Two buoys will be set on the Race Course, each with a small buoy for indicating water flow. Swimmers are suggested to swim on **the right hand side of the buoys.**

Swimmers SHOULD swim inside the Race Course. Leisure Group Swimmers outside the Race Course will be guided back to the course by canoes. Those fail to comply will be requested to leave the water and will be disqualified.

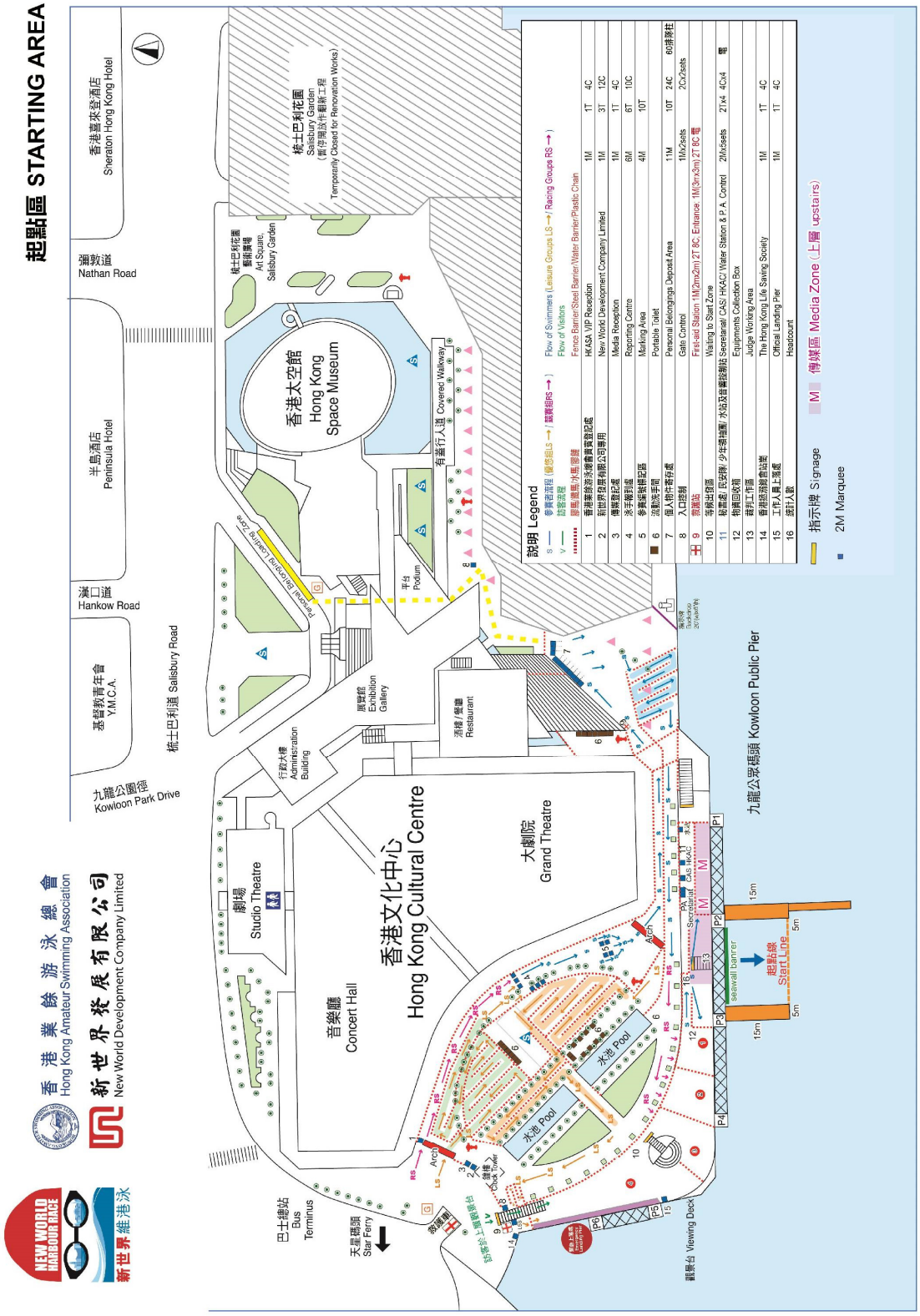
The following boats and canoes will also be arranged to ensure the safety of the swimmers during the Race:

- Rescue Boats
- Judge Boats
- Rescue Canoes
- Licensed Lifeguards
- Divers
- Medical Boats

If swimmers require assistance from a lifeguard whilst in the water, **please raise a hand and call for help immediately.**

6. Flow – Starting Area

I.) Location Map of Starting Area



II.) Reporting Time: 06:15 a.m. – 07:00 a.m.

Please reserve some time for the process of reporting and marshalling to ensure a smooth running of the competition. Late comers will not be allowed to enter the Starting Area.

III.) Flow (Please refer to the Location Map)

Reporting procedures are as followed:

A. Swimmers are advised to arrive at the Starting Area **via public transport** and have swimwear on before entering the Starting Area. **No changing facilities will be provided at Starting Area.**

B. Swimmers must enter the Starting Area via **the passage next to Tsim Sha Tsui Clock Tower**.

C. Area outside of the Hong Kong Cultural Centre

Swimmers shall enter the area in accordance with the race category. They shall follow the instructions of officials and enter the Starting Area.

D. Reporting Centre

Swimmers have to submit their Race Card (which can be retrieved upon certificate collection thereafter) and show their Electronic Transponders on each wrist (Racing Group), ankle Electronic Transponders, OFFICIAL Swim Cap and Tow Float (leisure group only) to officials. Swimmers without Race Card, Wrist Electronic Transponders (Racing Group), ankle Electronic Transponders, the OFFICIAL Swim Caps and Tow Float (leisure group only) will not be allowed to race.

E. Marking Area

Swimmers must show their Race Number on their bodies. Officials will mark the race numbers if necessary.

F. Personal Belongings Deposit Area*

Swimmers can have Deposit Baggage Service at the Personal Belongings Deposit Area within the reporting time. Swimmers can collect their personal belongings at Finishing Area after the race. HKASA has no responsibility for any lost or damage to the personal belongings.

*Swimmers are advised to bring along light luggage which must fit in the official storage bag provided by HKASA. Baggage Claim with any extra luggage will be handled at the lowest priority. Swimmers who do not need Baggage Deposit Service shall proceed to Event Allocation Area.

To avoid overcrowding, please make sure you have your designated swim cap, tow float (leisure group), wrist electronic transponder chips (Racing Group), ankle electronic transponder chips and swim goggle with you BEFORE you have your luggage checked in.

G. Event Allocation Area

Swimmers shall proceed to Event Allocation Area after personal belongings deposit. They will have to enter Tung Yuen Street by following instructions of officials.

H. Waiting-to-Start Zone

Swimmers shall follow the instructions given by officials and enter the water via the pier stairs to the starting platform and wait behind the Start Line.

Swimmers must follow the instruction given by officials and enter Waiting-to-Start Zone on time. Late comers will not be allowed to enter the zones.

7. Competition Flow

A. Start End:

1. Enter the Water:
   Swimmers shall perform straddle entry into the water via the pier steps to the edge of the platform and swim to the start line followed by instruction of officials.

2. Race starts:
   After each previous event starts, swimmers shall swim up to the Start Line according to the instruction of officials and judges. Race starts after starting signal (usually from airhorn) is triggered.

3. From Start Line to Finish End:
   Buoys will be set on the Race Course. Swimmers are suggested to swim on the right hand side of the buoys.

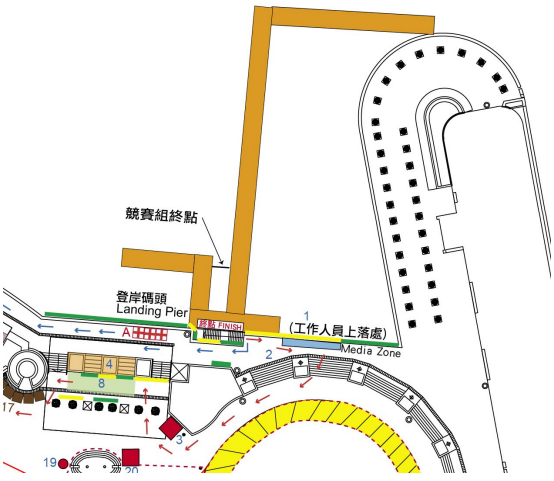
During the race, swimmers must wear swim caps, tow float (leisure group) , wrist electronic transponder chips (Racing Group) and ankle electronic transponder chips provided by HKASA throughout the whole swimming period. Those fail to comply will be disqualified.

Swimmers SHOULD swim inside the Race Course. Those outside the Race Course (leisure group only) will be guided back to the course by canoes. Those fail to comply will be requested to leave the water and will be disqualified.

B. Finish End

Racing group swimmers must touch the electronic touch pad by hand (with the electronic transponder chips) when they approach the Finish Line for result recording.

Leisure group swimmers need not touch the electronic touch pad when they approach the Finish Line and **could leave from any parts of the platform (orange area).**



Swimmers will be requested to leave the water if they were unable to finish the race within 50 minutes after the start of each event. Their results will be recorded as "DNF" (Did Not Finish).

Organizer:

香港業餘游泳總會
Hong Kong Amateur Swimming Association

Title Sponsor:

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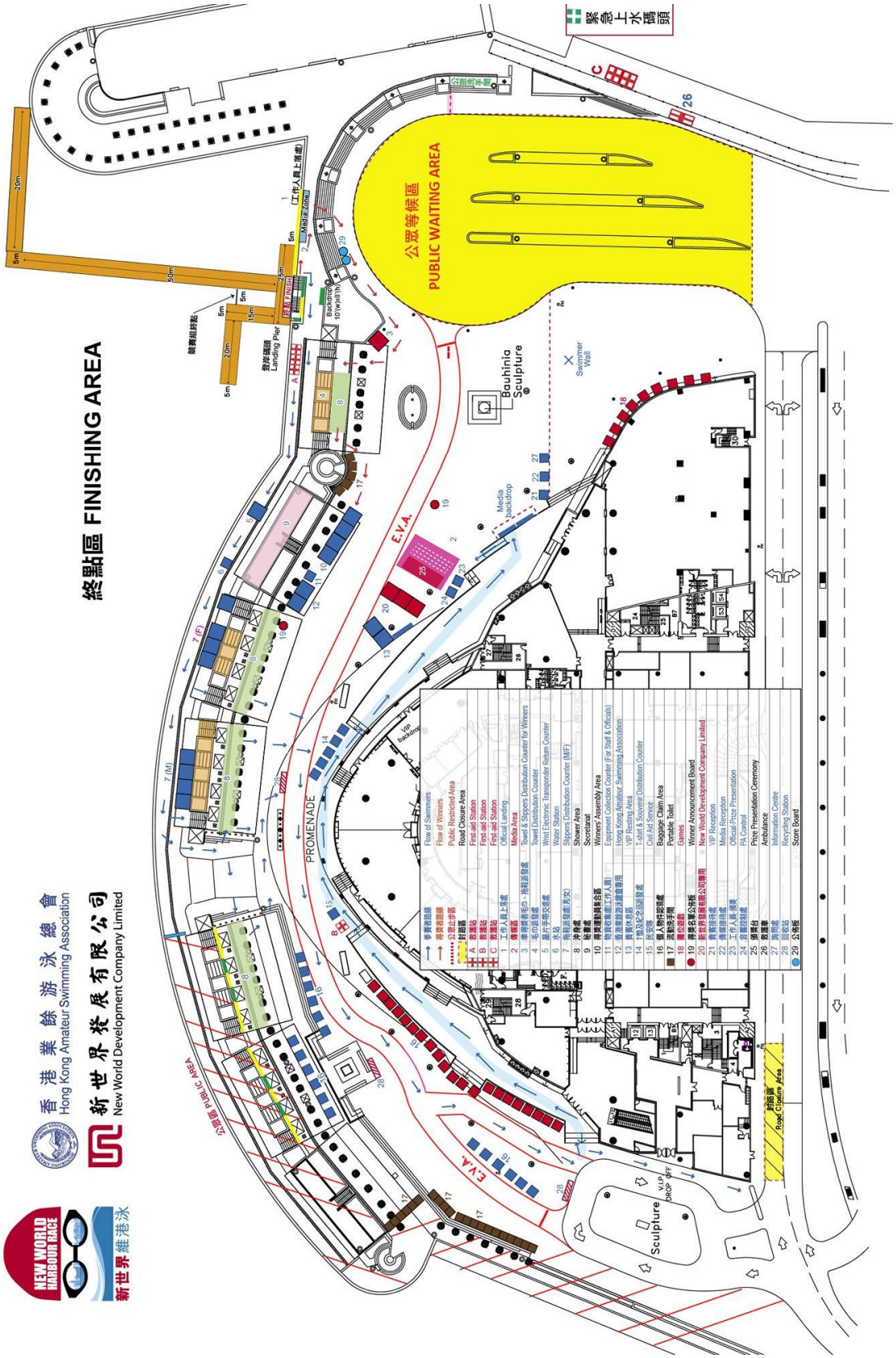
8. Flow – Finishing Area

Location Map of Finishing Area



I. Landing Pier

To avoid overcrowding, swimmers should leave the pier as quickly as possible after landing. For safety reasons and to avoid overcrowding, the entry to Landing Pier will be restricted for spectators. Spectators can watch the Race in the public area of Wan Chai Golden Bauhinia Square on the Race Day. It is recommended for swimmers to meet up with their parents and friends near the Golden Bauhinia Statue.

II. Wrist Electronic Transponder Return Center

Racing Group's swimmers must return the wrist electronic transponder at the Wrist Electronic Transponder Return Center (No. 5 in the map) immediately after landing. Racing Group's swimmers will be charged for HKD$500 each of the device in case of losing or do not return the transponders. If participants did not pay the charge, HKASA reserves the right to forbid the swimmer to participate in the future Harbour Race.

III. Towel, Slippers, T-shirt and souvenir medal

Towels, slippers, T-shirt, souvenir medal and other souvenirs will be distributed to swimmers at the Distribution Counter (No. 4, 7 and 14 in the map). Please follow instruction of officials.

IV. Baggage Claim Area (No. 16 in the map)

Swimmers have to show their designated swim caps in order to collect their personal belongings. HKASA has no responsibility for any lost or damage to the personal belongings.

Any unclaimed personal belongings will be sent to HKASA office 30 minutes after the end of the Race and will be stored temporarily for 7 days. All unclaimed belonging will be disposed of after 7 days.

V. Shower Area/ Portable Toilets

Fresh water is available at Shower Area (No. 8 in the map). **Use of shampoos or showering products is strictly prohibited.** Portable toilets (No. 17 in the map) are situated near the Baggage Claim Area.

VI. Result Announcement

List of Winners will be posted on the Winner Announcement Board (No. 19 in

the map) in the Finishing Area. The overall results will be uploaded on website of HKASA (http://www.hkasa.org.hk) and New World Harbour Race (http://www.hkharbourrace.com) thereafter. Certificates will be awarded to swimmers who complete the race and can be collected in HKASA office thereafter (Details to be announced on the websites).

VII. Prize Presentation Ceremony

Prize Presentation Ceremony (No. 25 in the map) will be held right after the arrival of the winners.

Remarks:
- HKASA has the final decision over all matters not stipulated in the rules.
- Please seek help at the First-aid Stations when you feel ill.
- No changing facilities will be available at the venue.

9. Emergency

I.) Swimmers must return to the following emergency landing piers as soon as possible in case of any condition unsuitable for staging the competition:

- For swimmers situated between Start End and Balloon 1:
  Return to Start End (Tsim Sha Tsui Public Pier)

- For swimmers situated between Balloon 1 and Finish End:
  Go to Finish End (Wan Chai Golden Bauhinia Square Public Pier)

II.) For swimmers who return to Start End, they will be sent to the Finish Area to retrieve their personal belongings.
(Please be patient, transportation need time.)

- For swimmers who go to the Finish End, they will retrieve their personal belongings there.

10. Rules & Regulations

1. Swimmers must wear **the designated swim caps provided by the HKASA** during the race.
2. Swimmer MUST present a valid Race Card issued by the HKASA at the Registration Counter. If swimmers cannot provide a valid Race Card or not reporting to the Registration Counter, they will not be allowed to join the current race and they may not be eligible for the race next year.

3a. **Racing Group Swimmers who are unable to show their wrist electronic transponders, ankle electronic transponders race cards, and their designated swim caps will not be allowed to race.**

3b. **Leisure Group Swimmers who are unable to show their ankle electronic transponders, race cards, their designated swim caps and tow floats will not be allowed to race.**

4. All electronic transponders, tow floats, race cards, and swim caps are non-transferable. Failure to comply will result in disqualification.

5a. During the race, racing group swimmers must wear **swim caps** and **electronic transponder chips (Wrist & Ankle)** provided by HKASA throughout the whole swimming period. Those who fail to comply may be **disqualified**.

5b. During the race, leisure group swimmers must wear **swim caps**, **ankle electronic transponder chips** and **tow floats** provided by HKASA throughout the whole swimming period. Those who fail to comply will be **asked to leave the water and be disqualified.** Should the swimmer loses the tow float intentionally, HKASA reserves the right to forbid the swimmer to participate in the coming year.

6. Leisure Group Swimmers SHOULD swim inside the Race Course. Those outside the Race Course will be guided back to the course by canoes. Those who fail to comply will be requested to leave the water and may be disqualified.
7. If swimmers require assistance from a lifeguard whilst in the water, **please raise a hand and call for help immediately.**
8. Racing Group Swimmers MUST report to the Wrist Electronic Transponder Return Center immediately after the race.
9. To avoid overcrowding, swimmers should leave the pier as quickly as possible after landing.
10. Any swimming activity in the Harbour is prohibited after the Race.
11. Swimmers must forfeit their right to participate in the Race and will be requested to leave water by officials if they were unable to:

Reach Balloon 1 within **30 minutes,** OR
Finish the race within **50 minutes** after the start of each event.
Their results will be recorded as "DNF" (Did Not Finish).

12. No swimmer is permitted to use any device that may be an aid to their speed or endurance such as fins and paddles. Nails should be trimmed and not sharp.
13. Remove watches and jewellery.
14. The competitor must wear only one swimsuit in one or two pieces. Swimwear for both men and women shall not cover the neck, extend past the shoulder, nor shall extend below the ankle. All Open Water swimsuits shall comply with the FINA Criteria for Materials and Approval Procedures – By Laws (BL 8).
15. HKASA has its sole discretion to reject any entry.
16. HKASA has the final decision over all matters not stipulated here in the rules.

11. Responsibility:

Swimmers should be aware of the fact that open water swimming is a high risk aquatic sport. Swimmers must be aware of the wave and water condition, and consider their participation based on their swimming ability. HKASA will try its best to ensure the safety of all swimmers during the race. However, HKASA and its officials have no responsibility for any injuries and accidents incurred during the race.

Practice in open water prior to the race is highly recommended.

~HKASA reserves the rights to change the above information without prior notice~

Appendix

Facilities Provided

- **First-aid Station (provided by Auxiliary Medical Services)**

	Starting Area	Finishing Area
Location	1. Next to the stairs of Hong Kong Cultural Centre	1. At Landing Pier 2. Near Civil Aid Service Counter 3. At Emergency Landing Pier

- **Portable Chemical Toilets**

	Starting Area	Finishing Area
Location	1. Next to Clock Tower 2. Next to No.1 Public Pier	1. Next to Shower Area 2. Opposite to Baggage Claim Area

To Starting Area:
Public Transportation

To Starting Area:

- MTR
  - East Tsim Sha Tsui Station Exit L6, 3 to 5-minute walk along Salisbury Road
- Bus - KMB

Route no.	Route	Schedule Departures	Frequency (min)	Fare($)
1	Chuk Yuen Estate – Star Ferry	0535 - 2340	12	5.8
1A	Sau Mau Ping (Central) – Star Ferry	0530 - 2340	10	7.2
2	So Uk – Star Ferry	0530 - 2350	12	4.9
5	Fu Shan – Star Ferry	0530 - 0000	12	5.8
5C	Tsz Wan Shan (Central) – Star Ferry	0530 - 2340	10	5.8
6	Lai Chi Kok – Star Ferry	0530 - 2350	10	5.1
7	Lok Fu – Star Ferry	0530 - 2340	20	4.9
8	Kowloon Station – Star Ferry	0530 - 0030	25	5.1
8A	Whampoa Garden – Tsim Sha Tsui (Circular)	0600 - 2340	25	4.3
8P	Laguna Verde – Tsim Sha Tsui (Circular)	0600 - 2340	20	4.3
9	Ping Shek – Star Ferry	0535 - 2345	20	5.8
234X	Bayview Garden – Tsim Sha Tsui East (Mody Road)	0615 - 2300	15	8.9

To Finishing Area

Swimmers are advised to leave the venue by public transport.

Below please find some public transportation services near the Finishing Area:

- MTR:
  - Wan Chai Station Exit A5

- Bus:

Route No.	Route	Schedule Departures	Frequency (min)	Fare($)
Citybus/ First Bus				
2	Central (Macau Ferry) – Sai Wan Ho (Grand Promenade)	0650 - 0100	15 -20	4.1
2A	Wan Chai North – Yiu Tung Estate	0615 - 0055	7 - 20	4.1
2X	Wan Chai North – Shau Kei Wan / Aldrich Bay	0600 - 0100	6 – 15	5.6
25A	Wan Chai (HKCEC Extension) – Braemar Hill	0700 - 0022	15	4
15B	Wan Chai (HKCEC Extension) – The Peak	1200 - 1900	20	11.7
8	Wan Chai North – Heng Fa Chuen	0615 - 0045	12 - 15	6.1
8P	Wan Chai North – Siu Sai Wan (Island Resort)	0605 - 0055	10 - 15	6.1
40	Wan Chai North – Wah Fu (North)	0635 - 2348	20	5.3
930	Wan Chai North – Tsuen Wan (Discovery Park/ Tsuen Wan West Station)	0500 - 0055	15 - 20	16
KMB				
905	Wan Chai North – Lai Chi Kok	0600 - 0000	10 - 18	9.8
960	Wan Chai North – Tuen Mun Kin Sang Bus Terminal	0630 - 0030	6 - 15	20.8
961	Wan Chai (HK Convention Centre) – Shan King Bus Terminal	0640 - 0030	12 - 20	20.8
978	Wan Chai North – Fanling Wah Ming Bus Terminal	1000 - 2330	20 - 30	24.3

* The above information is provided for reference only.